



International Conference on
**PUBERTY &
ADOLESCENCE IN
PCOS**

ISGRE COURSE CERTIFIED BY ISGE

Saturday, 9th Nov. 2019
ISGRE Course

Sunday 10th Nov. 2019
Clinical Dilemmas and
Expert opinions

Taj Santacruz, Mumbai

Applied for MMC Credit points

www.pcosindia.org

MESSAGE



Dr. Duru Shah

Founder President
PCOS Society
of India

Dear Friends,

PCOS – Where are its beginnings? In the womb of her mother, or during her childhood, or when she reaches puberty or through her adolescence? Let's learn all about how to prevent and how to manage PCOS in our young, so that we can offer them a better quality of life in future.

Announcing a brilliant focused PCOS conference on **9th and 10th November 2019** in **Mumbai** on **"Puberty and Adolescence in PCOS"**. Join us in a fantastic **"Certified Masterclass"** by the **"International Society of Gynecological Endocrinology (ISGE)"** in collaboration with the **"PCOS Society of India"**.

The Masterclass will be conducted by the team led by Prof. Andrea Genazzani, including Alessandro Genazzani, Sarah Berga and Charles Sultan. All participating delegates will receive a Certificate from the ISGE. I am delighted to let you know that the Course is one of the first Certified Courses to be held on this subject.

This will be followed by a day of **"Clinical Dilemmas"** which will be discussed by a panel of experts solving all the queries on adolescent PCOS you may have.

Keep your dates blocked! 9th and 10th November 2019, Mumbai.

A handwritten signature in black ink, appearing to read 'Duru Shah'.

Dr. Duru Shah

Founder President, PCOS Society of India

MEET OUR INTERNATIONAL FACULTY



Prof. Andrea Genazzani

Italy

- President, International Society of Gynecological Endocrinology (ISGE)
- President, European Society of Gynecology (ESG)
- Editor-in-Chief, Gynecological Endocrinology
- Author of more than 836 papers in peer reviewed journals and Editor of more than 45 books



Prof. Alessandro Genazzani

Italy

- Chief, Section of Gynecological Endocrinology, Department of Obstetrics and Gynecology University, Modena, Italy
- Member, Editorial Board and Reviewer of 6 peer reviewed journals
- Research areas: Neuro endocrine control of reproduction, Hypothalamic dysfunction, PCOS, Obesity, Hyperinsulinism, Peri and postmenopausal dysfunction



Prof. Sarah L. Berga

USA

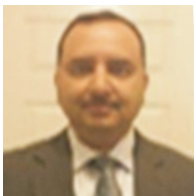
- Professor and Director, Division of Reproductive Endocrinology and Infertility, Department of Obs and Gyn, University of Utah School of Medicine, USA
- Professor and Chairman, Department of Obstetrics and Gynecology, Associate Dean Women's Health Research, Wake Forest University School of Medicine, USA.
- President, Society for Gynecological Investigation



Prof. Charles Sultan

France

- Professor and Faculty of Medicine, Head of Department of Hormonology, Head of Paed Endocrine Unit, Montpellier University, France
- Editorial Board Member, J. Clin Endocrine Metab 2014-2018
- Andrea Prader Prize Awardee, the highest recognition in Pediatric Endocrinology – 2011
- President, French Society of Pediatric and Adolescent Gynecology – 2008-2010



Dr. Ajay Kumar

USA

- Director Operations at Ansh Labs, Houston, Texas
- PhD in Enzyme Catalyzed Polymerization, University of Massachusetts Lowell

MEET OUR NATIONAL FACULTY

Gynecologist & Obstetrician

Ameet Patki	Anita Soni	Duru Shah
Ganpat Sawant	Gauri Karandikar	Kanathi Bansal
Madhuri Patil	Manjiri Valsangkar	Manoj Pandya
Neela Baheti	Nita Dalal	Padma Ramkrishnan
Padma Rekha Jirge	Pankaj Desai	Parikshit Tank
Puranam Balamba	Ratnabali Chakraborty	Rishma Pai
Ritu Joshi	Sandhya Saharan	Sarita Bhalerao
Shreyas Padgaonkar	Suchitra Pandit	Sujata Kar
Suvarna Khadilkar	Uday Thanawala	Yashodhara Pradeep

Endocrinologist

Ameya Joshi	Anurag Lila	Padmavathy Menon
Piya Ballani	Rama Vaidya	Raman K. Marwaha

Dermatologist

Geeta Fazalbhoy	Gulrez Tyebkhan	P. C. Mahapatra
Rekha Sheth		

Haematologist

Swati Kanakia

Pathologist

Deepak Sanghavi

Scientist

Smita Mahale

ISGRE COURSE

CERTIFIED BY ISGE

Day 1 – Saturday 9th November, 2019

09.30 am	Registration	
10.00-11.30 am	SESSION I: Brain & Metabolism	
	Experts: Pankaj Desai, Rama Vaidya, Smita Mahale	
10.00-10.30 am	■ <i>The Brain Phenotype in PCOS – Clinical implications</i>	Sarah Berga
10.30-10.45 am	■ Discussion	
10.45-11.15 am	■ <i>PCOS as a Metabolic and Neuroendocrine disease</i>	Alessandro Genazzani
11.15-11.30 am	■ Discussion	
11.30 am-12.00 noon	TEA / COFFEE BREAK	
12.00 noon-01.30 pm	Session II: Adolescent PCOS	
	Experts: TBA, Gauri Karandikar, Rishma Pai	
12.00 noon -12.30 pm	■ <i>Metabolic impairment of Adolescent PCOS: New integrative therapeutic strategies</i>	Andrea Genazzani
12.30-12.45 pm	■ Discussion	
12.45-01.15 pm	■ <i>Risk factors for the Development of Adolescent PCOS</i>	Charles Sultan
01.15-01.30 pm	■ Discussion	
01.30-02.30 pm	LUNCH	
02.30-04.00 pm	Session III: Clinical Phenotypes in Adolescence	
	Experts: Neela Baheti, Anurag Lila, Geeta Fazalbhoy	
02.30-03.00 pm	■ <i>Variable Clinical expression of Adolescent PCOS</i>	Charles Sultan
03.00-03.15 pm	■ Discussion	
03.15-03.45 pm	■ <i>Thyroid, Adrenal and Prolactin impairments and abnormal Ovarian Function</i>	Alessandro Genazzani
03.45-04.00 pm	■ Discussion	
04.00-04.30 pm	TEA / COFFEE BREAK	
04.30-06.00 pm	Session IV: Adolescent PCOS – Impact on Fertility, Pregnancy, Menopause and Ageing	
	Experts: Duru Shah, Nita Dalal, Uday Thanawala	
04.30-05.00 pm	■ <i>A critical Appraisal of infertility treatment for PCOS</i>	Sarah Berga
05.00-05.15 pm	■ Discussion	
05.15-05.45 pm	■ <i>PCOS impairments and co-morbidities: Impact on Pregnancy, Menopause and Ageing</i>	Andrea Genazzani
05.45-06.00 pm	■ Discussion	
06.00 pm	Close of ISGRE Course	
06.00-07.00 pm	General Body Meeting open to The PCOS Society, India members only	
07.30 pm	Inaugural function	
08.30 pm	COCKTAILS AND DINNER	

CLINICAL DILEMMAS AND EXPERT OPINIONS

GET ALL YOUR QUERIES ANSWERED ON ADOLESCENT PCOS

Sunday 10th November, 2019

09.00-10.00 am	Session I: Cosmetic Issues	
	Moderator: Sujata Kar	
	Experts: Charles Sultan, Gulrez Tyebkhan, Padmavathy Menon, P. C. Mahapatra, Rekha Sheth	
09.00-09.10 am	Capsule – Is skin the newly, discovered endocrine organ?	Sandhya Saharan
09.15-10.00 am	Clinical Dilemmas: Expert Opinions	
	<ul style="list-style-type: none">■ How can I differentiate between acne of puberty and PCOS? How should I manage such acne?■ How best can I diagnose and manage hirsutism in an adolescent PCOS?■ Should I be concerned if my little girl starts pubic hair at 7 years of age?■ What kind of Pigmentation should I look for and how should I treat?■ What kind of alopecia is due to hormonal dysfunction?■ Which investigations should I do for hyperandrogenemia?	
10.00-11.00 am	Session II: Abnormal Uterine Bleeding (AUB)	
	Moderator: Duru Shah	
	Experts: Anita Soni, Andrea Genazzani, Padma Rekha Jirge, Ritu Joshi, Swati Kanakia	
10.00-10.10 am	Capsule – The Pathophysiology of AUB in PCOS	Yashodhara Pradeep
10.15-11.00 pm	Clinical Dilemmas: Expert Opinions	
	<i>How should we manage?</i> <ul style="list-style-type: none">■ Heavy periods■ Erratic periods■ No periods■ Continuous periods	
11.00 -11.30 am	TEA / COFFEE	
11.30 am-12.30 pm	Session III: Hyperandrogenaemia & Insulin Resistance, is there a link?	
	Experts: Manoj Pandya, Puranam Balamba, Sarah Berga	
11.30- 11.45 pm	<ul style="list-style-type: none">■ Hyperandrogenaemia and Insulin Resistance – which comes first?	Madhuri Patil
11.45 am-12.00 noon	<ul style="list-style-type: none">■ OC pills for hyperandrogenaemia , can they be used in insulin resistant women?	Sarita Bhalerao
12.00-12.15 pm	<ul style="list-style-type: none">■ Killing 2 birds with one stone – Inositol Isomers	Manjiri Valsangkar
12.15-12.30 pm	<ul style="list-style-type: none">■ Discussion	

12.30 - 01.30 pm	Session IV: The Hormone Lab – Challenges	
	Experts: Ganpat Sawant, Padmavathy Menon, Padma Ramkrishnan	
12.30-12.45 pm	■ <i>Which hormones should be tested in an adolescent, why, when and how?</i>	Deepak Sanghvi
12.45 -01.00 pm	■ <i>Correlating lab results with Clinical Markers</i>	Piya Ballani
01.00-01.15 pm	■ <i>Is AMH likely to replace ultrasound in the diagnosis of PCOS?</i>	Ajay Kumar
01.15-01.30 pm	■ <i>Discussion</i>	
01.30-02.30 pm	LUNCH	
02.30-03.30 pm	Session V: Vitamin D Deficiency – Beyond Bones	
	Experts: Ratnabali Chakraborty, Shreyas Padgaonkar, Suvarna Khadilkar	
02.30-02.40 pm	■ <i>Capsule – Vitamin D & PCOS, is there a link?</i>	Parikshit Tank
02.40-03.00 pm	■ <i>Vitamin D and Metabolic Syndrome</i>	Ameya Joshi
03.00-03.20 pm	■ <i>Vitamin D and Infertility</i>	Raman K. Marwaha
03.20-03.30 pm	■ <i>Discussion</i>	
03.30-04.30 pm	Session VI: PCOS in Adolescents – Distressing Symptoms	
	Experts: Alessandro Gennazani, Ameet Patki	
03.30-03.50 pm	■ <i>Dysmenorrhea, the role of Progesterone</i>	Suchitra Pandit
03.50-04.00 pm	■ <i>Discussion</i>	
04.00-04.20 pm	■ <i>Obesity & Insulin Resistance, the role of Inositols</i>	Kanthi Bansal
04.20-04.30 pm	■ <i>Discussion</i>	
04.30-05.00 pm	Closing session	
05.00 pm	TEA / COFFEE	

CONFERENCE REGISTRATION FORM

Dr. _____

First Name

Middle Name

Last Name

Age

Sex

M

F

Designation

Institution / Hospital

Address for correspondence

City

State

Pin code

Country

STD Code

Phone (Resi.)

Phone (Clinic / Hospital)

Fax

Mobile

Email

Medical Council No.

PCOS Membership No.

Diet

Vegetarian

Non vegetarian

PAYMENT DETAILS

DD/ Cheque in Favour of "**The PCOS Society**"

DD/ Cheque No.

For Rs.

Drawn on

Bank Account No: 001310110002866

RTGS/IFCS Code: BKID0000013

Bank name and address: Bank of India, Cumballa Hill Branch, Kemps Shopee, 1st Floor,
141 August Kranti Marg, Near Hotel Shalimar Mumbai,
Mumbai 400036

Scanned copy of Bank Transfer should be sent to 'pcosintercon2019@gmail.com'

Kindly send the duly filled form along with the payment to the Congress Secretariat:

The PCOS Society, C/o. Gynaecworld, 1st Floor, Kwalitiy House, August Kranti Marg, Kemps Corner, Mumbai 400 026. Mobile No. 9820699590 / 9867063488 Timings: 10 am to 6 pm.

Email: pcosintercon2019@gmail.com

NON-RESIDENTIAL PACKAGE

	Early Bird Before 15 th August 2019	16 st Aug. 2019 - 15 th Sept. 2019	16 st Sept. 2019– onwards
PCOS Members	₹ 11,800/- (₹ 10000 + ₹ 1800 GST)	₹ 12,980/- (₹ 11000 + ₹ 1980 GST)	₹ 14,160/- (₹ 12000 + ₹ 2160 GST)
Non-Members	₹ 12,980/- (₹ 11000 + ₹ 1980 GST)	₹ 14,160/- (₹ 12000 + ₹ 2160 GST)	₹ 15,340/- (₹ 13000 + ₹ 2340 GST)

Non-Residential Package Inclusions:

- International Certified course + Conference Registration
- 2 Lunches (9th&10thNovember 2019),
1 Dinner (9th November 2019), Delegate Kit

SPOT REGISTRATION
at Venue, Subject
to Availability

RESIDENTIAL PACKAGE

	Early Bird Before 15 th August 2019	16 st Aug. 2019 - 15 th Sept. 2019	16 st Sept. 2019 – onwards
PCOS Members			
Single Room	₹ 24,780/- (₹ 21000 + ₹ 3780 GST)	₹ 27,730/- (₹ 23500 + ₹ 4230 GST)	₹ 30,680/- (₹ 26000 + ₹ 4680 GST)
Twin Sharing Room Per Person	₹ 17,700/- (₹ 15000 + ₹ 2700 GST)	₹ 20,650/- (₹ 17500 + ₹ 3150 GST)	₹ 23,600/- (₹ 20000 + ₹ 3600 GST)
Non- Members			
Single Room	₹ 25,960/- (₹ 22000 + ₹ 3960 GST)	₹ 28,910/- (₹ 24500 + ₹ 4410 GST)	₹ 31,860/- (₹ 27000 + ₹ 4860 GST)
Twin Sharing Room Per Person	₹ 18,880/- (₹ 16000 + ₹ 2880 GST)	₹ 21,830/- (₹ 18500 + ₹ 3330 GST)	₹ 24,780/- (₹ 21000 + ₹ 3780 GST)

Residential Package Inclusions:

- International Certified course + Conference Registration
- Hotel accommodation at the Taj Santacruz, Mumbai on 9th November 2019
- 1 Breakfast / 2 Lunches / 1 Dinner, Delegate Kit.

For an Extra night – ₹ 15000/- + GST ₹ 2700/- = ₹ 17,700/-
(Inclusive of Breakfast and Dinner)

For Accompanying Person:

- ₹ 11,800/- (₹10,000/- + ₹1800/- GST) for accompanying person
- Accompanying person will not be permitted to attend the Scientific Sessions or visit the exhibition.
- Permitted only with a Registered delegate in a "SINGLE ROOM".
- 1 Breakfast / 2 Lunches / 1 Dinner.

Accommodation for Registered Delegates:

- Hotel accommodation at Taj Santacruz, Mumbai for 1 night - 2 days.
(i.e. Check in 9th November after 14:00 hrs & Check out 10th November 2019 by 12:00 noon)
- Early Check in before 14:00 hrs or a late checkout beyond 12:00 noon will be charged @ 50% of the room rates.
- Early Check in before 07:00 hrs or a late checkout after 18:00 hrs will be charged @ 100% of the room rates.

CANCELLATION POLICY

1. It is mandatory to send your cancellation request in writing by e-mail, fax or post.
2. The date of receipt at the congress secretariat will be considered while processing the refund.
3. Refund will be processed within 30 days after the completion of the conference.

Residential Package

Before 30 th Sept 2019	50% of the package amount will be deducted for administrative charges
1 st Oct. to 20 th Oct. 2019	75% of the package amount will be deducted for administrative charges
After 20 th Oct 2019	No refund

Non Residential Package

Before 20 th Oct. 2019	25% of the Registration fees will be deducted for administrative charges
After 20 th Oct. 2019	No refund